

20/20 A Year of Preparation

Volume 2

February 2020

Monthly Tip #1

- Store food that your family NORMALLY eats!

FEBRUARY TO DO #1

- Over the next few months, as you go shopping, simply pick up 1-2 extra items of something you normally buy. Put this in your Home 72 Hour Kit OR your Home Storage.

Monthly Tip #2

- Options for your Home 72 Hour Kit - old hockey/duffle bag, backpack, newer hockey bag with wheels, rubber tote, old suitcase, 5 gallon pails with handles & lids (also doubles as a chair).
- Look at next-to-new stores, Value Village,
- Remember, you may have to CARRY your 72 Hour Kit - so choose wisely!

FEBRUARY TO DO #2 - Home Evacuation Plan

- Where do you gather outside your home?
- How do you get out of your home from any room?
- What clothing/ footwear is available to wear when you evacuate?

Home 72 Hour Kits / Home Storage.

The Church's *Handbook 2* defines self-reliance as “the ability, commitment, and effort to provide for the spiritual and temporal necessities of life for self and family. As members become self-reliant, they are also better able to serve and care for others.” (*Handbook 2: Administering the Church* [2010], 6.1.1).

FOOD & WATER

“The best storehouse is the family store-room” (Pres. Hinckley—Oct. 2005 General Conference).

It’s the most accessible reserve in times of need and the best suited to our individual needs.

HOME 72 HOUR KITS

WATER - 2-4 liters per person, per day. Drinking, cooking, washing.

Drinking water - Two-liter pop bottles are a good option for inexpensive small-volume water storage.

Before storing your water, it’s a good idea to thoroughly wash the containers.

1. Cap tightly and label each container with the words "Drinking Water" and the date stored.

2. Store sealed containers in a dark, dry, and cool place. If after six months you have not used the stored **water**, empty it from the containers and

repeat steps 1 and 2.

<https://simplefamilypreparedness.com/water-storage/>

FOOD - non-perishable food such as:

- * Protein/energy/granola bars.
- * Trail mix/dried fruit.
- * Crackers & cereal.
- * Canned meat, fish & beans.
- * Canned/boxed juice.

HOME STORAGE

WATER - same requirements as 72 Hour Kits.

Water cooler jugs, barrels, water tanks in your home, reservoir tank on your toilet, etc.

Cool Items - Water Filtration

For camping, hiking, and emergency situations - use a filtration unit to make sure the water you have/come across is clean.

<https://youtu.be/iUsdx0UC2uU>

Look for it on Amazon or

at Bass Pro Shops.

Bro. Eastman will show you his favorite way to use the Sawyer Mini-Filtration unit at the Preparedness Fair on Feb. 22nd. 1 filter unit provided 3 men all their water needs for 5 days.

